Reports

A Neural Marker of Perceptual Consciousness in Infants

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Infants have a sophisticated behavioral and cognitive repertoire suggestive of a capacity for conscious reflection. Yet, demonstrating conscious access in infants remains challenging, mainly because they cannot report their thoughts. Here, to circumvent this problem, we studied whether an electrophysiological signature of consciousness found in adults, corresponding to a late event-related potential (ERP) and thereby, to restore their youthful regenerative capacity.

References and Notes


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Supplementary Materials

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Materials and Methods
Figs. S1 to S12
Table S1
References (20–23)
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Infants have a sophisticated behavioral and cognitive repertoire suggestive of a capacity for conscious reflection. Yet, demonstrating conscious access in infants remains challenging, mainly because they cannot report their thoughts. Here, to circumvent this problem, we studied whether an electrophysiological signature of consciousness found in adults, corresponding to a late event-related potential (ERP) and thereby, to restore their youthful regenerative capacity.

R ecent research shows that, in the first year of life, preverbal infants already display an impressive array of cognitive competences. For instance, their eye movements betray a capacity to monitor other people’s beliefs at 7 months (1) and to draw probabilistic predictions about visual scenes at 12 months (2). Given these complex behaviors, one might consider it obvious that infants already have a conscious experience of their environment. However, this conclusion is unwarranted, because the presence of unconscious priming and “blindsight” behaviors in normal and impaired adults (3, 4) shows that sophisticated processing can occur without consciousness.

How, then, might one test whether the brain mechanisms for conscious access are already present in infancy? Studying consciousness and its neural correlates in adults requires the collection of subjective reports of experience, classically through psychophysical paradigms contrasting visible and invisible stimuli (5). It is not impossible to obtain subjective reports from nonverbal organisms. For instance, monkeys can be trained to report the presence or absence of a stimulus, either by touching the location of a stimulus on a screen or by touching an alternative key to indicate that no stimulus had been presented. After a unilateral lesion in V1, they consistently press the “absent” key for stimuli contralateral to the lesioned side, although they remain able to localize them with high accuracy, which suggests that they undergo a “blindsight” phenomenon similar to that of human patients (6). However, it seems much more difficult to train infants to report similarly about their thoughts and percepts, which renders the issue of infant consciousness particularly challenging.

In this study, we follow an alternative strategy: examining whether the neural signatures of perceptual consciousness that are observed in adults can already be obtained in the developing brain. We capitalize on visual masking, a psychophysical phenomenon whereby a brief display, when followed by a second picture, vanishes from awareness. Previous research in adults has shown that the perception of masked displays

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follows a two-stage process with distinct electrophysiological signatures (7–10). During the first ~200 to 300 ms of processing, brain responses increase linearly with the stimulus energy or duration. This early linear stage can be observed even on subliminal trials in which the stimulus is subjectively invisible. By contrast, the second stage, which starts after ~300 ms, is characterized by a nonlinear, essentially all-or-none change in brain activity detectable with event-related potentials (ERPs) (8, 9, 11) and intracranial recordings (12). Note that this second stage occurs specifically on trials reported as consciously seen [e.g., (5, 13, 14)]. During this stage, even a brief external stimulation, if it exceeds a certain threshold, can lead to a large and long-lasting pattern of activity involving the recruitment of a distributed parieto-frontal network, as well as the reactivation of the initial sensory regions. This sustained activity allows for the maintenance of the perceptual representation long after the stimulus is gone and coincides with subjective reports of visibility (8, 9).

Here, we examined whether the electrophysiological signatures of this two-stage process can be observed in infants. The presence of both early linear and late nonlinear electrophysiological markers during visual perception in infants would indicate that, first, the same architecture for perception is already at work at early stages of development and, second, that a distinction between nonconscious and conscious events may already be delineated in infants. We recorded high-density (128 electrodes) ERPs in three groups of infants [5-month-olds (n = 30), 12-month-olds (n = 29), and 15-month-olds (n = 21)] while they looked at masked faces presented at various durations, so as to induce different levels of visibility [see Fig. 1A and (15) for details].

Using the same stimuli in a behavioral study of preferential looking, we recently measured the masking threshold in infancy and evidenced important changes occurring at the end of the first year of life (16). Although 5- and 10-month-old infants oriented their gaze only to faces presented for 150 ms or longer, 15-month-olds exhibited a perceptual threshold closer to the adult value (between 50 and 100 ms). Furthermore, whereas 5- and 10-month-old infants oriented to supra-threshold faces in a purely reactive manner (i.e., performance systematically came back to the level of chance in between face occurrences, even though they were repeatedly presented at the same peripheral location on each trial), 15-month-olds anticipated the face reappearance, which demonstrated that they were not only

**Fig. 1.** (A) Schematic description of the procedure. Visibility was manipulated by presenting faces at various durations, within a series of masking patterns (scrambled layers of upside-down faces and objects) that prevented visual persistence and lingering afterimages. A control condition comprising exclusively scrambled patterns allowed for the localization of face-sensitive components. The younger (5-month-old) infants were tested with durations ranging from 50 to 300 ms in steps of 50 ms. The older (12- and 15-month-old) groups were tested with face durations of 17, 33, 50, 100, 150, 200, and 250 ms. Infants received blocks with a forward mask follo

**Fig. 2.** Event-related potentials as a function of age. Over time, 2D scalp topographies show statistical significance maps (Z-scores) of the face-control difference at 5, 12, and 15 months of age.
able to maintain the perceptual representation of a stimulus over time but also to use this information to adapt their behavior. At the brain level, we thus predicted a marked change around the end of the first year of life in infants. Specifically, we expected that the transition from linear brain responses to a sudden, nonlinear increase (a neural marker which in adults indicates the maintenance of perceptual information for conscious report) would be more pronounced and occur at shorter stimulus durations in the older babies.

We first extracted the event-related brain potentials evoked by masked faces relative to scrambled control stimuli. This first step allowed us to identify face-sensitive latencies and clusters of electrodes independently of infants’ age and stimulus duration. Although faces were very briefly presented and embedded in masks, we observed the classical ERP components of face perception in infants, with a series of four components responding preferably to faces (Fig. 1, B and C). The first difference was an early posterior negativity (EPN) peaking around 150 ms (t(79) = 6.38, P < 0.001) over medial occipital electrodes. This component is likely to reflect the earliest bottom-up stage, where structured images are separated from scrambled stimuli (17). It was followed by two components classically associated with face processing in infants (18, 19): an N290 over the same posterior occipital electrodes (t(79) = 2.35, P < 0.05) and then a P400 extending bilaterally from occipital to temporal regions (t(79) = 11.29, P < 0.001). Although the homology of these components with the N170 specifically elicited by faces in adults remains debated, the N290 is sensitive to the presence of contrasted human eyes, whereas the P400 depends on infants’ knowledge of the prototypical face configuration (18, 19). Finally, we observed a sustained late negativity starting from 900 ms over the same occipito-temporal electrodes, along with a positivity over anterior electrodes (t(79) = 4.75, P < 0.001). This late response corresponds to the late slow wave (LSW), which has been linked to stimulus encoding and recognition memory but also more generally to attention and novelty detection (18–21).

We then examined how these components evolved with age (Fig. 2 and figs. S1 to S3). The EPN and P400 components were significant in all age groups (all P values were <0.01) and were of equivalent magnitude across the three age groups (both F values were <1) (see fig. S1). By contrast, we found robust interactions with age for the N290 (F2,77 = 10.17, P < 0.001) and for the LSW (F2,77 = 4.17, P = 0.019), which suggested the presence of a developmental change for these two components. Indeed, for both components, the difference between faces and controls occurred solely in 12-month-olds (both P values were <0.001) and 15-month-olds (both P values were <0.005), with the same amplitude for both groups (F < 1).

Having established which components were sensitive to faces, we studied their variation as a function of stimulus duration in the face trials. Because the results for the groups of 12- and 15-month-olds were virtually identical, they were collapsed to increase signal-to-noise ratio. The waveforms elicited by faces at each stimulus duration are shown in Fig. 3 (see fig. S4 for control stimuli and difference waves). In the older group of 12- to 15-month-olds, it is apparent that the N290, P400, and LSW components are strongly and monotonically modulated by stimulus duration. Furthermore, the LSW is essentially absent for face presentations of up to 50 ms duration and suddenly jumps to a strong negativity for durations of 100 ms and beyond. This is consistent with our previous behavioral study, which suggests a perceptual threshold around 50 to 100 ms for face presentations of up to 50 ms duration. The second was nonlinear and tested for a jump around the presumed threshold, i.e., a larger increase in voltage when presentation duration moved from 50 to 100 ms, compared with the other ranges of stimulus duration (average change in voltage from 16 to 50 ms and from 100 to 250 ms). The results confirmed the presence of both linear and nonlinear effects over the same occipito-temporal electrodes, but with distinct time courses (Fig. 4). Although the linear effect became significant relatively early at 180 ms, the nonlinear trend emerged rather abruptly only at a later stage, around 750 ms (Fig. 4, C and D). Furthermore, whereas the N290 and P400 increased in a strictly linear manner, both linear and nonlinear contrasts were significant for the LSW. This joint significance was due to a sigmoidal response profile: The LSW showed a general increase with stimulus duration, but with a large nonlinear jump around the previously identified perceptual threshold (from 50 to 100 ms). These results, which dissociate early linear and late nonlinear components, demonstrate that an adulthood-like, much slower, sequence of perceptual stages is already observed by the end of the first year of life.

What about younger infants? In comparison with the older group, modulations of voltage by face duration were overall smaller in 5-month-olds (Fig. 3A). Nevertheless, the linear contrast again achieved significance for the N290, the P400, and even for the LSW (Fig. 4, A to C). Although no significant LSW difference wave was found at this age in the global analysis (i.e., collapsing stimulus durations) (see Fig. 2 and text above), an LSW component was actually present and differed significantly from baseline at face durations of 150 ms and above (all P values were <0.002) (Fig. 3A). Again, this is consistent with our previous behavioral study showing that 5-month-old infants did not orient to faces presented for duration of 100 ms or less.
but showed an abrupt increase in responding to faces from 100 to 150 ms (16). Indeed, our contrast testing for a nonlinear response component occurring between the predicted durations of 100 ms and 150 ms began to deviate from baseline abruptly around 900 ms, simultaneously with the LSW (Fig. 4, B to D). However, we observed that the LSW component was slow and small at this age, and statistical significance of the nonlinearity only attained in the latest period of the epoch (starting at 1320 ms). Thus, we found that the two-stage architecture for perception can be evidenced early on during development, in infants as young as 5 months, although this distinction was not as clearly delineated as for older infants.

Because the LSW exhibits a late nonlinearity that matches the visibility thresholds established in previous behavioral testing (16), we suggest that this electrophysiological component constitutes a reliable neural index of conscious access to perceptual information in preverbal infants. Note that this late component cannot be ascribed to unmatched number of trials or larger movement artifacts in one specific condition [see (15) for details]. LSWs, generally recorded after 600 ms, have been first related to memory encoding and recognition (18, 19). Since then, slow waves have been described in different visual and auditory paradigms in awake and attentive infants (20, 21). For instance, the LSW is observed after a deviant sound in awake, but not asleep, infants (22). It also reflects the infant’s allocation of attention toward the mother’s face, a familiar toy, or a novel event against a background of familiar or partially familiar events (18, 20). The diversity of experimental paradigms eliciting LSWs in infants suggests that this component reflects a generic amodal system involving higher-order processes, such as attention and working memory. Because of these functional characteristics, equivalence with the P300 in adults has been proposed (23). Our results support this interpretation by showing that the LSW exhibits the same nonlinear response profile as the P300 and follows earlier components responding in a linear fashion as a function of stimulus intensity (8, 11). Note that the adult P300 component strongly correlates with subjective reports of visibility (5, 8, 9) and is therefore thought to constitute a neural signature of access to consciousness. The functional similarity of infant and adult responses, combined with our previous behavioral results (16), suggests that a stage of conscious processing already exists in infants and that the LSW constitutes a reliable neural signature of consciousness in infants.

Nonetheless, our results also reveal that this neural marker of consciousness in infants is triggered at a much later time than in adults. Indeed, whereas the nonlinear response to masked stimuli is found around 300 ms in the adult brain (8, 11), here, we observed it around 750 ms in 12- to 15-month-old infants, and after 900 ms or more in 5-month-olds. Hence, this second processing stage is disproportionately slow in infants and remains so for many months.

What constitutes the neural basis of this exceedingly slow response? The first stages of perception (indexed by the EPN and P400 components), which exhibited equivalent latencies in all age groups, probably reflect the rapid maturation of the sensory visual system during the first few months of life (24). By contrast, the long latencies of the LSW are compatible with the notion that this nonlinear response depends on a large-scale distributed network of long-distance corticocortical connections (5). Most of these long-fiber tracts are present in infants (25) and even fetuses (26), but they remain weakly myelinated through the first year of life (24). Such a weak myelination could explain why the LSW emerged later in 5-month-olds compared with older infants. It would lead to a reduced and slower interplay between sensory regions and associative parietalprefrontal
areas, which limits the functional connectivity that is necessary for the maintenance and flexible use of sensory information. Consistent with this interpretation, the LSW scalp topography, showing posterior negativities over bilateral occipitotemporal regions, is suggestive of a late reactivation of sensory regions. In adults, such a late reactivation has been argued to reflect top-down mechanisms of attentional amplification that allow for the maintenance of a stimulus representation over time that is characteristic of perceptual consciousness (5, 7, 9). Another potential factor is the protracted dendritic development and synaptogenesis in associative areas (27). Indeed, the prefrontal cortex shows a marked maturation and massive reorganization at the end of the first year of life, resulting in dramatic improvements in a wide range of cognitive abilities at that age (28). In any case, the acceleration of information transfer between associative and sensory areas might be a key factor underlying infants’ improved perceptual efficiency across development.

In sum, our data indicate that infant perception is organized into a series of stages similarly to adult perception; these include, crucially, a late nonlinear stage that, in adults, systematically accompanies reports of conscious perception and, in infants, correlates with psychophysical thresholds for orienting to masked stimuli. We propose that this late nonlinear response constitutes a new, specific, and objectively measurable candidate marker that putatively reflects conscious perception. It is important to acknowledge that our research does not provide a direct proof of subjective experience. Indeed, it is a genuine philosophical problem whether such a proof can ever be obtained from purely objective neurophysiological data. Rather, we show that neural markers of consciousness found in adults can be generalized to infant populations. Such objective measures have proven useful to probe consciousness in patients in a vegetative state and in minimally conscious patients (29) and might help pediatricians confront issues of infant consciousness in relation to anesthesia, pain, and pathologies.

References and Notes
15. Materials and methods are available as supplementary materials on Science Online.

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